ACHPER TASMANIA PRESENTS

HEALTH & PHYSICAL EDUCATION

IN PURSUIT OF BEST AND NEXT PRACTICE

FRIDAY 11TH SEPTEMBER 2015

35+
QUALITY LOCAL, NATIONAL AND INTERNATIONAL PRESENTERS

(Day Program) University of Tasmania – Sir Raymond Ferrall Centre
(Evening Program) Launceston Federal Country Club

CONNECT WITH US: @ACHPERTAS ACHPERTAS
**DAY SESSION OVERVIEW**

**Thursday 10th September**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>5.00pm / 6.30pm</td>
<td><strong>Masterclass</strong> Andy Hair [20 spots only, see registration details]</td>
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**Friday 11th September**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>9.00am / 10.00am</td>
<td>Conference Registration and Trade Show</td>
</tr>
<tr>
<td>10.00am / 10.05am</td>
<td>Introductions Tim Medwin [President ACHPER TAS]</td>
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<tr>
<td>10.05am / 10.35am</td>
<td><strong>Keynote</strong> Garry Carnachan – New Zealand</td>
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<tr>
<td></td>
<td>Improving academic and behavioural outcomes through Sport and HPE</td>
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<tr>
<td>10.35am / 11.10am</td>
<td><strong>Primary</strong> Andy Hair [Victoria] – Managing your professional journey</td>
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<tr>
<td></td>
<td><strong>Secondary</strong> Carl Condliffe [New Zealand] – Flipped Learning in HPE</td>
</tr>
</tbody>
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**11.10am/11.30am - Morning Tea and Trade Show**

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<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>11.30am / 12.25pm</td>
<td><strong>Pecha Kucha</strong></td>
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**Concurrent Session 1**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>12.25pm / 1.10pm</td>
<td><strong>Primary</strong> / [Move Well Eat Well] Gold Medal School H</td>
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<tr>
<td></td>
<td><strong>Primary</strong> / Nathan Horne [Singapore] Inquiry Based HPE C</td>
</tr>
<tr>
<td></td>
<td><strong>Secondary</strong> / Tracy Zilm [ACARA] HPE Curriculum C</td>
</tr>
<tr>
<td></td>
<td><strong>Secondary</strong> / Tennis Australia Enhancing Movement and Fitness through Tennis P</td>
</tr>
<tr>
<td></td>
<td><strong>Generic</strong> / Anita Welsh [Ogilvie High] Digital Carnivals DT</td>
</tr>
<tr>
<td></td>
<td><strong>Generic</strong> / Janice Atkin [Consultant] Curriculum Design and Planning C, P</td>
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<tr>
<td></td>
<td><strong>Generic</strong> / UTAS [4th Year Pre-Service teachers] Innovative HPE Games P, I</td>
</tr>
</tbody>
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**1.10pm/1.45pm Lunch - [Teach Meet] John Rigby**

**Concurrent Session 2**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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</thead>
<tbody>
<tr>
<td>1.45pm / 2.30pm</td>
<td><strong>Primary</strong> / Justin Cudmore [Mowbray Primary] Apps in Primary HPE DT</td>
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<tr>
<td></td>
<td><strong>Primary</strong> / Andy Hair [Victoria] Innovation in HPE C, P</td>
</tr>
<tr>
<td></td>
<td><strong>Secondary</strong> / Anthony Coe [Rosny College] Formative Feedback C,</td>
</tr>
<tr>
<td></td>
<td><strong>Secondary</strong> / Tim Elliot [Riverside High] Apps in HPE DT</td>
</tr>
<tr>
<td></td>
<td><strong>Secondary</strong> / Ian Forbes and Muray Higgs / Australian International School – Singapore C, P</td>
</tr>
<tr>
<td></td>
<td><strong>Generic</strong> / Josh Mackie [Dominic College] Outdoor Education, Icebreakers - Energisers P</td>
</tr>
<tr>
<td></td>
<td><strong>Generic</strong> / Tracey Zilm [ACARA] Trends in HPE Curriculum Design C</td>
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**Concurrent Session 3**

<table>
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<tr>
<th>Time</th>
<th>Session</th>
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</thead>
<tbody>
<tr>
<td>2.45pm / 3.30pm</td>
<td><strong>Primary</strong> / Janice Atkin [Consultant] Curriculum Design and Planning C, P</td>
</tr>
<tr>
<td></td>
<td><strong>Primary</strong> / Nathan Horne [Singapore] Sport Ed P</td>
</tr>
<tr>
<td></td>
<td><strong>Secondary</strong> / Carl Condliffe [New Zealand] Flipped Learning in HPE I, P</td>
</tr>
<tr>
<td></td>
<td><strong>Secondary</strong> / Jamie Kieliszek [Montrose Bay], Craig Freeman [Newtown] &amp; Geoff Crosswell [New Norfolk High] Crossfit H</td>
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<td></td>
<td><strong>Secondary</strong> / Ian Forbes and Muray Higgs / Australian International School – Singapore I, C</td>
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<td></td>
<td><strong>Generic</strong> / Allen Hill [UTAS] Dodgeball Days are Over I, C</td>
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<tr>
<td></td>
<td><strong>Generic</strong> / Rob Carroll and Judy McGuire [Victoria] Leadership Through HPE L</td>
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**3.30pm / 3.45pm**

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<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td></td>
<td><strong>Conference Close</strong></td>
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<tr>
<td></td>
<td><strong>Prize Draw</strong></td>
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**P = Pedagogy, C = Curriculum, DT = Digital Technology, H = Health, L = Leadership, I = Innovation**
## EVENING SESSION OVERVIEW

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>6:00pm - 6:30pm</td>
<td>Table allocation</td>
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<tr>
<td>6:35pm - 6:40pm</td>
<td>Welcome</td>
<td>Colin Pettit</td>
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<tr>
<td>6:40pm - 6:50pm</td>
<td>Opening Address</td>
<td>Gary Carnachan</td>
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<tr>
<td>6:55pm - 7:10pm</td>
<td>Key Note</td>
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<tr>
<td>7:10pm - 7:45pm</td>
<td>Dinner</td>
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<tr>
<td>7:45pm - 7:50pm</td>
<td>Australian International School – Singapore A snapshot</td>
<td>Ian Forbes/Murray Higgs</td>
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<tr>
<td>7:50pm - 8:00pm</td>
<td>Legends - ‘Awards’</td>
<td>Hanny Alston</td>
</tr>
<tr>
<td>8:00pm - 8:15pm</td>
<td>Award presentations (individuals and schools)</td>
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<tr>
<td>8:15pm - 8:30pm</td>
<td>Desert Served</td>
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<tr>
<td>8:30pm - 8:35pm</td>
<td>‘Maths ’N’ Movement - Numeracy and HPE</td>
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</tr>
<tr>
<td>8:30pm - 8:45pm</td>
<td>Legends - ‘Awards’</td>
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<tr>
<td>8:45pm - 9:00pm</td>
<td>‘Stay Chatty’ announcement</td>
<td></td>
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<tr>
<td>9:00pm - 9:15pm</td>
<td>Prizes / Thank you</td>
<td></td>
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## FROM THE PRESIDENT

Please find information regarding the 2015 state ACHPER conference. This year’s conference will be modelled on the highly successful program from last year. The conference will be split into two distinctive sessions (day and night) and will give people ample opportunity to engage with quality presenters and to establish and build extensive networks. Once again the hugely successful evening session (completely sold out last year) will be held at Launceston Federal Hotel and in addition to fantastic key note speakers we will celebrate the achievements of schools and individuals (we have some superb prizes lined up this year).

We understand that there are many HPE teachers that have graduated from University that may no longer teach HPE, so we want to be able to provide an opportunity for those people to engage and network with colleagues. This year, as one of our seating options, we will introduce a system where people can take part in the evening conference and elect to sit with either their starting or graduating year group. We have a capacity of 220 people only for the ballroom at Launceston Federal, and these tickets will sell quickly. Attendees will also have the opportunity to sit with their school colleagues or be placed on a table. The evening program will get underway from 6:00pm and will be formal attire.

We have listened carefully to your feedback from last year and have endeavoured to provide as balanced a program as possible for both the day and evening sessions. This is an opportunity for you to put your professional learning requests in early (don’t get caught out), to encourage those that you know in your starting or graduating year group to be involved (regardless if they are teaching HPE or not) and to make this a standout event for the year. Please be advocates for your learning area and lets work together to make this an event to remember.

@TimMedwi
ACHPER EXECUTIVE TEAM

ANTHONY COE
Vice President - Currently the Assistant Principal at Rosny College, Anthony has a special interest in Information Technology and its application to HPE. Anthony has contributed extensively to the professional learning of teachers across the state and believes our networking can be improved by accessing Twitter, Google Hangouts and Facebook.

@anthonycoe3116

ANGELA SHEAHEN
Secretary - Graduated from UTAS in 2006 with a Bachelor of Human Movement. Angela’s international teaching experience (London) and knowledge of the local teaching and learning landscape gives her a great platform to contribute to the ACHPER board. Angela loves her job, is passionate about providing a quality curriculum and works as a personal trainer in her spare time.

@tassiepeteacher

DAVID WEBSTER
Treasurer - David is the Learning Area Manager of HPE at Rosny College and has vast experience in establishing and sustaining athlete development programs across a broad range of sports. He is a qualified counsellor and enjoys helping students engage with their learning environment and transition through schooling. He has delivered seminars and workshops for teachers and pre service teachers and has run sports carnivals state-wide.

@davewebster2001

VAUGHAN CRUICKSHANK
Vaughan Cruickshank is currently lecturing in Health and Physical Education at the University of Tasmania, and has previously taught in Australia, England and Japan. He enjoys the outdoors and spending time with his 2 young daughters.

@VornC

ALEX HARDY
Graduated from the University of Tasmania in 2012 with a Bachelor of Human Movement. Alex has worked at Latrobe High School for the past 3 years, teaching Grade 7-10 Health and Physical Education. This is Alex’s first year on the ACHPER board and she brings great perspective to all that we offer.

@alex_hardy2

JAMIE KIELISZEK
A UTAS graduate of 2003 with a Bachelor of Human Movement. Having taught in Wales [UK] and Spain, Jamie is currently an AST at Montrose Bay High after leading the HPE department. With an interest in wellbeing and fitness, he is driven to find best practice initiatives that will improve learning outcomes and teaching pedagogy.

@jkbridges80
ACHPER EXECUTIVE TEAM

AARON HUMPHREY
University of Tasmania graduate, Aaron’s teaching experience extends to three primary schools and he has a desire to provide successful and motivating lessons for all. Has an extensive background in Athletics. Aaron joined the ACHPER board to try and gain high quality professional learning for primary school teachers and to continue to build strong networks for all PE teachers.
@azzahumphrey

CORINNE LEALE
Corinne began her career teaching Swimming and Water Safety at various sites around Tasmania. She holds a Bachelor of Human Movement (Honours) degree and for the last 15 years has taught as a physical education specialist at various schools around Launceston. Corinne has been the coordinator of many interschool events such as the Primary School Dance Event and sports carnivals. Corinne brings a primary focus to the ACHPER Tas board.
@corinneleale

GEOFF CROSSWELL
Secondary HPE and Outdoor Education who graduated 5 years ago at the University of Tasmania. Geoff is passionate about positively influencing the lives of young people, building relationships and delivering quality and meaningful educational programs. Geoff is a strong advocate for healthy lifestyles, fitness, personal training, collaboration, technology, health and physical literacy.
@GeoffreyCroz

THE NEW APPROACH THAT ACHPER IS TAKING WITH THE EVENING SESSIONS APPEARS TO BE A SUCCESSFUL ONE AND I’M SURE I’M NOT ALONE IN THINKING SO. AS CORINNE WILL ATTEST I WAS SCEPTICAL OF THE CHANGE IN DIRECTION BUT HAVING SEEN IT IN ACTION I CAN NOW APPRECIATE WHAT YOU ARE TRYING TO ACHIEVE AND WISH YOU GREATER SUCCESS NEXT YEAR. THANK YOU FOR THE OPPORTUNITY AND CONGRATULATIONS ON A GREAT NIGHT.”
Justin Cudmore – HPE teacher Mowbray Primary

PETER GOWARD
Pete currently works at Rokeby High School overseeing community impacts via collaborations targeting next practice. He brings a wealth of knowledge and skills gleaned from national and international teaching and learning experience. He founded and organised a national collegiate athletic association culminating in an award for service to students.
@PeteGoward

ANITA WELSH
Anita is a Health and Physical Education teacher at Ogilvie High School and last year was named the ACHPER Tasmania Outstanding Practitioner in Health and Physical Education for Secondary Schools. Anita has previously lead the delivery of moderation days for all southern secondary schools and contributed to the professional learning of teachers for the Australian Curriculum.
@NeatieWelsh

ACHPER – HEALTH & PHYSICAL EDUCATION – IN PURSUIT OF BEST AND NEXT PRACTICE
DAY SESSION PRESENTERS

GARY CARNACHAN
A former secondary school principal, Garry is the Executive Director of the NZ Secondary School Sports Council and the Project Manager of the government funded Sport in Education project. He is a current member of the AFLNZ Board, the NZ Olympic Education Commission and has managed both national and Super rugby teams.

PE and Sport – a Game Changer for Education
Increasingly estranged in recent education history, PE and School Sport often live in our schools as uncomfortable bedfellows. However the motivational context of sport, when combined with the active pedagogies used in physical education, provide a powerful tool in implementing effective integrated teaching and assessment practices. Significantly improving student engagement and delivering improved academic, behavioural and social outcomes, PE led Sport in Education approaches have proven to be a game changer in NZ schools now in their 3rd year of an innovative project.

ANDY HAIR
Andy Hair is a Physical Education Leader based at Leopold Primary School, Victoria with 20 years of experience. His passion runs deep and his enthusiasm is infectious. His leadership has seen him present extensively for Achper Victoria, throughout his own PLT in Geelong this year was involved in SHAPE America, Seattle. He is an online advocate for #physed and collaborates globally with fellow teachers throughout the world.

Managing your Professional Journey
Do you drive to work passing the same streets day after day? Have you ever thought what you might see if you take a different route? Ride along with Andy as he takes you on a Professional Journey of innovative practise. Be inspired by his enthusiasm and stories of success as he continues his journey in delivering Quality Physical Education.

CARL CONDLIFFE
Carl Condliffe is the Director of E-learning and Head of Physical Education and Health at Rongotai College, New Zealand. As a physical educator, Carl’s passion lies in the well-being of his students’ and the development of actively involved, lifelong learners. He has a particular interest in future focused learning and the authentic and meaningful application of technology in the classroom.

Flipped Physical Education – what, why and how?
The practical nature of the physical education learning area makes it extremely well suited to a flipped classroom approach. The flipped classroom model involves a reversal of traditional teaching, where students are exposed to new learning material outside of timetabled classes. This can be done in a number of ways, but the use of video in the flipped classroom is becoming more popular. During this presentation I will be discussing exactly what flipped learning in physical education is, why you should flip, and ways you can go about flipping your own classes.
DAY SESSION PRESENTERS

JENNY SULLIVAN
An AST at Goulburn Street Primary School, Jenny is a specialist HPE and classroom teacher.

She has facilitated Southern Primary HPE Teacher network meetings and HPE Moderation days regularly. Jenny has also presented at the ACHPER Tasmania 2013 Conference and at the National Tennis Teachers’ Conference in Melbourne, 2015. She has been involved with the Australian Curriculum HPE as a National Panel member (ACARA) during the development of the Draft Curriculum, and Goulburn Street has been utilised as an intensive engagement school providing assessment tasks for ACARA.

CALEB TURALE & ADAM DAVEY
Caleb is the Assistant Principal at Queechy High and leader of Athlete Development within the school. Adam is the teacher in charge of the Girls AFL Athlete Development class and also works part time as an AFL fantasy expert on afl.com.au. Both had promising playing careers that were cruelly cut short by inability and have turned their focus to coaching.

AFL for girls in High School

AFL football for females is the most rapidly growing sport in Australia. In 2015 Queechy High School introduced the nation’s first ever Female only AFL course (Girls AFL Athlete Development) as part of the schools suite of options in the senior school. The course focuses on three strands: Technical development (skills, umpiring, and coaching), Physical preparation (fitness, recovery, training, injuries), and Knowledge Acquisition (nutrition, game sense, leadership, analysis and tactics). It also includes opportunities to play matches and has 32 participants. The overarching focus is to ensure that the girls are having fun and given the opportunity to embrace the culture of AFL football in Australia that has traditionally been dominated by males.

“I just wanted to thank you very much for the wonderful opportunity that you gave us to participate in the ACHPER State Conference. It was a brilliant day and night: fantastic speakers and a great chance to meet with PE teachers from all over the state. I am left feeling inspired, motivated and excited for my future career.”

Eve Mure 4th Year Pre service Teacher
DAY SESSION PRESENTERS

KELVYN LINTON
Attends Latrobe High School.
My name is Kelvyn Linton.
I am a Tasmanian resident living in Latrobe.
I have lived in New Zealand, Japan and Australia.
I speak fluent English and conversational Japanese.
I have been a member of Sea Scouts and have achieved two Scout accolades:
• The youngest Scout to attend and complete the National Scout Aviation School.
• Achieved the highest sales and donations of any other Scout in the Nation during the annual fund raising campaign.
• I am a ‘Double World Record Holder’
• Youngest Person to walk across Tasmania, Australia
• First father son team to walk across Tasmania, Australia
• I am an Interschool Track and Field Record Holder.

KADE MUNDAY
Teacher specialising in Health and Physical Education at Burnie High School. 10 years’ experience in this area.
Over the last 18 months, Burnie High School has designed, trialled and implemented a computer software system (with the assistance of 41st Degree Software) which involves reporting on every students’ skills and fitness capabilities within the Health and Physical Education curriculum. The end product results in students being given a report card of their performances. Students undergo a series of skills and fitness related tests and these tests are undertaken twice and year. It provides students, teachers and parents with feedback for each student tested. The main purpose of documenting each students’ results, is to give an indication of their development during their time at Burnie High School.

ZANE LITTLEJOHN
Since completing my Bachelor of Human Movement at UTAS in 2010 I have been working at City Campus Inveresk a Big Picture inspired school. I am the only Health and Wellbeing teacher on staff. I am also an AFL High Performance Coach with the privilege of being the Head Coach at the North Launceston Football Club.

VOICE
City Campus Inveresk started up at the start of the 2011 school year. With support from the 5 public high schools within the region. I will share with you the work that was done with staff, the students and their families to create a group called the ”VOICE” to help develop a collective set of values that has permeated into my HPE lessons.

@KadeMunday
@kelvynLinton
@LJwombat
DAY SESSION PRESENTERS

BRENDAN KULL
Brendan grew up in country Victoria and was educated at the University of Newcastle where he studied a Bachelor degree in Health and Physical Education and went on to do honours in Special Education. He has taught in NSW, Victoria and has been teaching at Guilford Young College for the last 10 years. Brendan is an assistant coach at Hobart City Football Club and has a passion for all sports.

Guilford Young College has taken on an idea from Jarrod Robinson (PE Geek) and installed an airplay data projector along with a large screen in gymnasiums at both their Hobart and Glenorchy campuses. The installation of the data projectors and screens in addition to having an apple TV unit and IPAD has proven to be an amazing teaching tool. Students have been able to get immediate feedback on the way they have executed skills, they have tracked their intensity through Heart Rate data being displayed and been engaged with other PE apps on the big screen. It is something that all PE departments should consider budgeting for.

@scratch3542

DOMINIQUE EMMETT
Dominique is a Health and Physical Education teacher at The Don College in Devonport. She teaches Health Studies, Sport Science and is involved as a trial school for the new Sport Management Course conducted in conjunction with UTAS.

Sport Management
2015 has seen the introduction of Sport Management into the pre-Tertiary offerings at College level in Tasmania. Newstead (Tom Viney) and Don Colleges have been at the forefront in this course as pilot or trial schools this year. Sport Management is the equivalent of a pre-tertiary subject counting towards an ATAR score plus counts as 2 electives at UTAS in future study. Units covered include Secret Doors, A Rush of Blood, Show Me the Money, Risky Business, Aussie, Aussie, Aussie, Lights, Camera, Actions and Growing Faster than anywhere.

“Awesome effort by the team last week. One of the most dynamic conferences I have been to in a long time. The energy amongst the delegates was palpable and the enthusiasm to “get stuck in” was invigorating for me, particularly given some of the sessions I’ve had in other states where it was like pulling teeth to get teachers to accept they need to change their practice to deliver the new curriculum!”

Janice Aitken - consultant
CONCURRENT SESSION 1

PRIMARY - (Move Well Eat Well) Gold Medal School

Keeping the Move Well Eat Well journey alive – A Tasmanian whole school approach to healthy eating and increasing physical activity

This presentation will focus on the Move Well Eat Well journey within a high performing longstanding award school. The challenges, pitfalls and successes of implementing a whole school approach to healthy eating and physical activity. We will share links to the current Australian Curriculum and integrate teaching across all grades. You’ve seen the resources before, come and hear about how it is working on the ground from a school that has maintained award status over a number of years. www.movewelleatwell.tas.gov.au

PRIMARY - Nathan Horne (Singapore) Inquiry Based HPE

Nathan is a HPE specialist currently based in Singapore. He is the founder of iPhys-Ed.com: the definitive guide to Inquiry & Technology in Physical Education.

The workshop will cover:

- Why Inquiry based learning in #PhysEd is important.
- What Inquiry based learning in #PhysEd looks like.
- How you can use thinking routines to promote a culture of critical thinking in your classes.
- How an inquiry based approach can be used successfully alongside standards based grading.

SECONDARY - TRACY ZILM (ACARA) HPE Curriculum

Tracy Zilm has over thirty years’ experience within a variety of educational settings and roles across South Australia, Australia and overseas. She has taught in high schools, lectured at Flinders University, and spent 15 years in national leadership with the MindMatters initiative. Tracy currently works at ACARA as the Senior Project Officer: Health and Physical Education.

Using the Australian Curriculum to organise and reflect on my teaching

This interactive workshop will provide an opportunity to understand how the HPE learning area is structured, and how teachers can use the Australian Curriculum website to support planning for teaching, learning and assessment. Teachers new to the curriculum will be invited to consider which content descriptions and which parts of the achievement standards might be relevant in their next unit of work. Participants are encouraged to bring an internet enabled device to the session so that they can explore the AC website during the session.
CONCURRENT SESSION 1

SECONDARY - Patrick Landy - Tennis Australia
Enhancing Movement and Fitness through Tennis

Patrick is Tennis Australia’s Coach Development Coordinator for Tasmania and Victoria. He is a qualified Club Professional Coach and has a Bachelor of Commerce (Sports Management and Marketing), Cert IV in Sports Coaching and Certificate IV in Training and Assessment.

Appreciation of movement, fitness and health through modified games and activities utilising the Cardio Tennis program. Four or five activities that can be delivered to both primary and secondary students.

@patricklandy1

GENERIC - Anita Welsh (Ogilvie High) Digital Carnivals

Anita is a Health and Physical Education teacher at Ogilvie High School and last year was named the ACHPER Tasmania Outstanding Practitioner in Health and Physical Education for Secondary Schools. Anita has previously lead the delivery of moderation days for all southern secondary schools and contributed to the professional learning of teachers for the Australian Curriculum.

Technology in Carnivals

This session will look at a range of ways to streamline your school processes for athletics, swimming and cross country carnivals. Go paperless, be more effective with your use of staff, use a collaborative document to record results, have results automatically tallied for you and even use photo finish! The session will be both theory and practical. Participants should bring a laptop / ipad / iphone and have set up a google account prior to attending. A list of apps will be sent out to participants to download prior to the conference.

@NeatieWelsh

GENERIC - Janice Atkin (Consultant)
Curriculum Design and Planning

Janice has a bird’s eye view of the Australian Curriculum (HPE). Until very recently she was employed by the Australian Curriculum and Assessment Authority (ACARA) as the Senior Project Officer for Health and Physical Education and has worked in numerous schools in New South Wales as a specialist HPE Teacher (Head of Department).

Janice has been intimately involved in the development of the Australian Curriculum and is an international leader in curriculum design.

@janice_atkin
CONCURRENT SESSION 1

GENERIC - UTAS (4th Year Pre-Service teachers) Innovative HPE Games

Be actively involved in a suite of innovative minor games that have been developed to engage students in being active and healthy. The 4th years have worked feverishly to bring you some fresh ideas and approaches that will invigorate your HPE program and add value to the learning environment.

Dylan Costelloe: Dylan is an avid sports fan and has a passion for staying healthy and active. He is a cricket fanatic and has a love for coaching. He is heavily involved with the Northern Force under age cricket program which is a component in Cricket Tasmania’s pathway program.

Rachel Oliver: Rachel originally a NW coast girl and enjoys sport and spending time with her family. She spends most of her time being active with her children or coaching and playing netball. She also enjoys catching up with her Dad for a bike ride and a roast most Sundays.

Harrison Hughes: Harrison is an enthusiast of outdoor activities and in particular an avid mountain biker. He loves being involved in social sports and enjoys working with people. Harrison is excited about a future career in teaching and looks forward to graduating this year.

Cameron Bailey: Cameron is currently in his final year of study at the university. He enjoys staying active and participating in a range of sports. Cameron is looking forward to completing his degree and sharing his positive attitude of physical activity with others.

Claire Peacock: Claire is a fourth year health and physical education student who has a passion for introducing all students to a healthy and active lifestyle. She has a love of the outdoors and the opportunities that Tasmania provides for health and physical activity. She has worked as a peer assisted study session leader at the University of Tasmania and as an outdoor education assistant teacher at Hobart College.

CONCURRENT SESSION 2

PRIMARY - Justin Cudmore (Mowbray Primary)

Apps in Primary HPE

Currently a Teacher at Mowbray Heights Primary and recent President of the Launceston Sports Association and Primary School Sports Tasmania. In these roles Justin has been in charge of organising and running State Athletics Carnivals, Cross Country Carnivals and Exchanges. He is an ACHPER Tas. Legend and has won the Ministers Award for Excellence for the LSSSA Orienteering Program.

How to appear an IT Genius and benefit your Students:

I.T. is sometimes a conflicting mix within the HPE Curriculum. With the rise of ‘Apps’ there is also a lot of dross which you have to trawl through to find the gems which really benefit your students. This presentation will run through several IT solutions which are simple, time-saving and really useful for achieving good outcomes for your students. They will be presented in a HPE environment so session participants can see how it could potentially work for them in their own workplace. There will be several styles of I.T. presented to offer multiple possibilities for Teachers.
CONCURRENT SESSION 2

PRIMARY - Andy Hair (Victoria) *Innovation in HPE*

Andy Hair is a Physical Education Leader based at Leopold Primary School, Victoria with 20 years of experience. His passion runs deep and his enthusiasm is infectious. His leadership has seen him present extensively for Achper Victoria, through PLT in Geelong this year was involved in SHAPE America, Seattle. He is an online advocate for #physed and collaborates globally with fellow teachers throughout the world.

*Master Class* - Google Forms, GIFs, Hangouts, Blogging, Imovie and Keynote are tools for ICT brilliance that helps enhance a PE program behind the scenes. Work with Andy as he presents innovative ways to share the Value+ side of Physical Education.

*Practical - What does Quality Physical Education look like?*

You are a student in Andy’s class. Be engaged as he guides you through purposeful and meaningful Physical Education. See how he uses Power Circles to kick start lessons and understand his concept of questioning techniques to draw out deep understanding from students.

SECONDARY - Anthony Coe (Rosny College) *Formative Feedback*

Currently the Assistant Principal at Rosny College, Anthony has a special interest in Information technology and its application to HPE. Anthony has contributed extensively to the professional learning of teachers across the state and believes our networking can be improved by accessing Twitter, Google Hangouts and Facebook.

A key to improving educational achievement is formative assessment. This session will focus on what it is and what it isn’t and when it works and when it doesn’t. Practical strategies for use in the classroom will be demonstrated that will actively involve participants in a range of activities. The use of technology through mobile devices to enhance feedback will be utilised while the different kinds of formative feedback will be presented. Specifically this session will look at:

- Eliciting Evidence – the Starting Point for Good Feedback
- Providing Feedback That Moves Learning Forward
- Activating Students as Learners and a Resource for Others.
CONCURRENT SESSION 2

SECONDARY - Tim Elliott (Riverside High)

Formative Feedback

Tim has been teaching since 2000 with stints at St Georges Special School, Invermay PS, Port Dalrymple School and is now in his 8th year teaching HPE at Riverside HS. Outside of teaching I enjoy spending time with my wife and 2 children, and continuing the struggle to become a single figure handicap at golf!

Presentation: My 10 Favourite Apps

I will be going through my 10 favourite apps that I use with my iPad in a practical High School PE setting. These can all be used if it is only the teacher with the device, a big screen to display or multiple student devices. The apps on display will provide an opportunity to enrich the teaching and learning in your respective schools but be easy enough to work so it doesn’t detract from your teaching time on task.

SECONDARY - Ian Forbes and Murray Higgs
Australian International School – Singapore

IAN FORBES - PDHPE & ADP Teacher, Head of Sports Carnivals, ANC HPE Co-ordinator

- Currently in my 19th year of teaching
- Previously at Latrobe High School (3 years), Penguin High School (11 years), Australian International School (3 years ongoing)
- Heavily involved in ANC and ADP implementation at AIS
- Love moonlit nights and walks along the beach with a loved one

MURRAY HIGGS - Head of Faculty – Physical Education & Health, Head of HPE Curriculum – ANC, ADP, IBO, IGCSE, NSWBOS, ADP Co-ordinator

Murray has taught in both government and private schools in Australia, England and Singapore over the last 23 years.

He has a passion for educating students of all ages about the benefits of physical activity and the importance of being health literate. Murray has a student centered approach to his practice, he believes in empowering and enabling students to make healthy decisions, to engage in regular physical activity and to achieve personal excellence on and off the sporting field.
CONCURRENT SESSION 2

GENERIC - Josh Mackie (Dominic College)
Outdoor Education, Icebreakers - Energisers

Josh began his teaching career in South Australia at Woodcraft Lutheran College. After spending 12 months in the Outdoor Education Department there, he moved to Tasmania to join the Dominic College community. Here he has fulfilled numerous roles including teaching English, Health and Physical Education, Sports Science, Adventure Recreation and Outdoor Leadership.

We have all been in situations, in class or on camp where students either need to be occupied or require greater understanding of each other. It may be an Outdoor Education class which needs to develop their group dynamics to set up the year or consolidate their learning on an activity. This session will be an action packed practical session that outlines activities for all occasions. We will run through as many activities as we can including icebreakers, leadership challenges and games specific for improving group dynamics. USB’s will be provided with all of the games/activities that I have come across over the years (approximately 500) for you. Opportunities for discussion to share ideas and modify games will be given but most of the session will involve doing the activities.

GENERIC - TRACY ZILM (ACARA) HPE Curriculum

Tracy Zilm has over thirty years’ experience within a variety of educational settings and roles across South Australia, Australia and overseas. She has taught in high schools, lectured at Finders University, and spent 15 years in national leadership with the MindMatters initiative. Tracy currently works at ACARA as the Senior Project Officer: Health and Physical Education.

Using the Australian Curriculum to organise and reflect on my teaching

This interactive workshop will provide an opportunity to understand how the HPE learning area is structured, and how teachers can use the Australian Curriculum website to support planning for teaching, learning and assessment. Teachers new to the curriculum will be invited to consider which content descriptions and which parts of the achievement standards might be relevant in their next unit of work. Participants are encouraged to bring an internet enabled device to the session so that they can explore the AC website during the session.

“I just wanted to let you know how great Friday day and night was. There wasn’t one person I spoke to who didn’t have a positive comment to make about the event. I appreciate how much work goes in to organising small events let alone what you did, a gala event. I know words don’t mean much but I hope you realise that people acknowledge the effort on your part.”

Jan Bean – Rosny
How do we inspire students to get excited about pushups and situps? How can you get groups of up to 40, 50, and 60+ students moving at one time with 100% participation? For the past 3 years we have been trialling programs in the school setting based around improving functional fitness. We will share with you some of our more successful workouts in a practical setting, and teaching tips on how to re-invent the most common of fitness movements like the pushup, situp, and squat. This workshop takes the Crossfit introduction we had last year forward and into the HPE classrooms and gyms. There is no need to have attended last year’s Crossfit session to join – all are welcome and encouraged to come along!

SECONDARY - Ian Forbes and Murray Higgs
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GENERIC - Allen Hill (UTAS) *Dodgeball Days are Over*

Dr Allen Hill is a lecturer in HPE, sustainability education, and outdoor learning at the University of Tasmania. Prior to this, he taught in New Zealand secondary schools for 11 years, holding leadership roles in assessment, health and physical education, and outdoor and environmental education.

Faced with yet another wet week, multiple HPE classes find themselves playing games in the gym. Dodge-ball is centre stage while real learning takes a back seat. Perhaps this story is all too frequent in schools. This presentation acts as a provocation through considering how student learning can be repositioned at the centre of integrated health and physical education. Employing a ‘Teaching as Inquiry’ planning tool, this presentation will cut to the heart of what we do in HPE programs and why we do it. Utilising practical examples we will explore ways of planning for, facilitating, and assessing student learning.
CONCURRENT SESSION 3

GENERIC - Rob Carroll & Judy McGuire (Victoria)

Leadership through HPE

ROB CARROLL
Director, Maribyrnong Sports Academy
Department of Education and Early Childhood Development - Victoria
President, School Sport Victoria

Rob has taught in the government school sector for nearly 35 years, starting as a physical educator and then moving into school and sports administration. He has coached to elite level in a number of community sports and is the proud parent of Erin, a Beijing Olympian. Two of his daughters are also physical educators and a third has just started her teaching qualifications.

Rob is currently the Director/Principal of the Maribyrnong Sports Academy in Melbourne’s burgeoning Western suburbs – the fastest growth corridor in Australia. Maribyrnong Sports Academy is the Victorian government’s first sports specialism and home to over 500 student athletes learning and training in world class sports facilities and supported by over 70 coaches, sports scientists, consultants and 120 teachers. Through Rob’s strong connections internationally, Maribyrnong has been able to establish multiple sister school relationships with sports schools around the globe. In addition, Rob has been the President of School Sport Victoria since 2010 where he presides over over 10,500 school sporting events each year for over 600,000 students in 2500 schools.

JUDE MAGUIRE

Jude Maguire has an extensive history in leading within the education and sport sectors in Australia. Jude has a long history in sport as an athlete and administrator at local, state and national levels. She began her career in education as a Physical Education teacher in the ACT Department of Education culminating in a number of leadership roles including Principal positions. Alongside this Jude has held key leadership roles with School Sport ACT and is currently a member of the Executive of School Sport Australia. Jude held the position of General Manager in the Community Sport Division at the Australian Sports Commission, prior to taking up her role of CEO School Sport Victoria.

In her current role Jude is responsible for overseeing the delivery of quality school sport to over 2500 schools and has been integral in developing key partnerships with community businesses and State Sporting Organisations to ensure School Sport Victoria’s program is vibrant, relevant to participants and teachers, and links education with the sport industry. She is a key driver for the advocacy of sport within the school curriculum and its benefits to ‘whole school improvement’, speaking at a local, national and international level on sport and education.
CONCURRENT SESSION 3

PRIMARY - Janice Atkin (Consultant) Curriculum Design and Planning

Janice has a bird’s eye view of the Australian Curriculum (HPE). Until very recently she was employed by the Australian Curriculum and Assessment Authority (ACARA) as the Senior Project Officer for Health and Physical Education and has worked in numerous schools in New South Wales as a specialist HPE Teacher (Head of Department).

Janice has been intimately involved in the development of the Australian Curriculum and is an international leader in curriculum design.

PRIMARY - Nathan Horne (Singapore) Sports Ed

Nathan is a HPE specialist currently based in Singapore. He is the founder of iPhys-Ed.com: the definitive guide to Inquiry & Technology in Physical Education.

- Discover tools to help your students CREATE meaningful content which demonstrates their knowledge and understanding in #PhysEd
- Find out how to COLLECT this student created content and easily organise it.
- See examples of how you can CELEBRATE student learning & achievement in your #PhysEd program.
- Begin to CONNECT yourself and your students with other #PhysEd programs worldwide.

PRIMARY - Carl Condliffe (Singapore) Flipped Learning in HPE

Carl Condliffe is the Director of E-learning and Head of Physical Education and Health at Rongotai College, New Zealand. As a physical educator, Carl’s passion lies in the well-being of his students’ and the development of actively involved, lifelong learners. He has a particular interest in future focused learning and the authentic and meaningful application of technology in the classroom.

Your first flipped video – a practical workshop

One of the key components of a successful flipped classroom is how you go about your content creation. While you don’t necessarily have to make your own videos, this approach allows much greater control of what you put in front of your students. This workshop is designed to get you creating your first flipped video using some basic software. Participants in this workshop will require a device (laptop or tablet) with the ability to download and install some free applications, as well as access to Microsoft PowerPoint (or Keynote).
EVENING SESSION

COLIN PETTIT

Secretary - Department of Education, Tasmania. Colin commenced teaching as a primary teacher in 1977 in Perth, Western Australia. Following teaching appointments in both city and rural Western Australia, Colin was appointed to his first principalship in 1983 in a one teacher school community at Moorine Rock.

From 1985 – 2002 he held positions of Deputy Principal at Carnamah District High School, Principals of Dumbleyung District High School and then Newnam, Cooloongup and Riverside Primary Schools. During 1998, Colin was elected to Vice President of the Western Australia Primary Principals Association and the President in 2002. He led the transformation of the Association into a highly regarded Principals Association across the nation. He was also elected as President of the Australian Government Primary Principals Association and Vice President of the Australian Primary Principals Association from 2002-2007. From 2008 Colin was appointed to the Executive Director of Regional and Remote Schools in Western Australia education, overseeing more than 360 regional schools. He has held the position of Secretary of the Department of Education in Tasmania since February 2011.

GARY CARNACHAN

A former secondary school principal, Garry is the Executive Director of the NZ Secondary School Sports Council and the Project Manager of the government funded Sport in Education project. He is a current member of the AFLNZ Board, the NZ Olympic Education Commission and has managed both national and Super rugby teams.

“We want it all, and we want it now ….” - the sound-bite generation.

It doesn’t take a long look to notice the characteristics of our current generation of young people are probably changing faster than at any previous time in history. Certainly different to us mid-lifers, trying to keep up is a big challenge and yet we are often the decision makers in their sport and activity offerings. With so many options now competing for their time and attention, do we really know and understand what they value in being active? Insights into what influences them and trends in the choices they are making are essential in getting them up, moving and away from screen time.
EVENING SESSION

HANNY ALLSTON

Hanny is Tasmanian born and has achieved at the elite level in a range of running sports including orienteering, marathon, mountain, road and distance track running. Hanny was the only athlete outside of Europe to win a World Orienteering Title, completing a double Junior World Championship and Senior World Championship in the same year. This is an amazing feat as she overcame family tragedies and a full ankle reconstruction just 6 months prior to the championships. She has now competed in 35 countries around the world, living in six of these for extended periods of time.

In 2010 Hanny ‘retired’ from elite sport and began assisting local runners in Hobart with their preparations for the tough Point to Pinnacle Fun Run up Mt Wellington. During this time she enjoyed participating in mountain bike events around Australia. In 2011, Hanny relocated to Canberra to work at the Australian Institute of Sport in the lead up to the London 2012 Olympic Games. Her work with Paralympians, Olympians and her own Find Your Feet athletes has given her the ‘running bug’. Her major achievements in 2014 include: second fastest time ever for the 6 Foot Track Marathon & three top 15 finishes at the World Orienteering Championships in the Italian Dolomites. Hanny has just relocated back to Tasmania to open the Find Your Feet retail store and continue to develop her coaching, including more camps, tours and educational opportunities for trail and ultra distance runners. She is a The North Face sponsored athlete and is looking to pursue more competition in the international Skyrunning scene in 2015-16.

BUILDING INTERNATIONAL NETWORKS
Australian International School – Singapore

“Please congratulate your hard working team. Informative, fast paced, up to date with technology ...a brilliant day and night enjoyed by all. Congratulations.”
Wendy Cracknell